



Alaska Mental Health Consumer Web **October 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
Mon—Fri...8:30a-4:45p <i>Friday -Closed 12:00 –2:00</i> Sat.....10:00a—3:45p Sunday---Closed	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Women’s Group Employment Services	Peer-to-Peer 8:30 & 11:45 & 2:15 12:00 Veterans Group Food Boxes	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Mind*Body* Spirit Computer Lab	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Spanish Peer Support	Peer-to-Peer 8:45 & 2:15 12:00—2:00 WEB closed for Staff Meeting	Peer-to-Peer 10:15 & 1:15 11:00 AM WRAP Group Computer Lab
4	5	6	7	8	9	10
Monday –Thursday Group 1 Sign in 8:30 Group 2 Sign in 11:30 Group 3 Sign in 2:00 Limit of 15 people in each group	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Women’s Group Employment Services	Peer-to-Peer 8:30 & 11:45 & 2:15 12:00 Veterans Group Food Boxes	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Mind*Body* Spirit Computer Lab	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Spanish Peer Support	Peer-to-Peer 8:45 & 2:15 12:00—2:00 WEB closed for Staff Meeting	Peer-to-Peer 10:15 & 1:15 11:00 AM WRAP Group Computer Lab
11	12	13	14	15	16	17
Friday Group 1-- 8:30 Group 2 -- 2:00 Saturday Group 1—10:00 Group 2—1:00 Limit of 15 people in each group	Columbus Day Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Women’s Group Employment Services	Peer-to-Peer 8:30 & 11:45 & 2:15 12:00 Veterans Group Food Boxes	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Mind*Body* Spirit Computer Lab	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Spanish Peer Support	Peer-to-Peer 8:45 & 2:15 12:00—2:00 WEB closed for Staff Meeting	Open 10:00a~3:45p Volunteer Day Volunteers Only
18	19	20	21	22	23	24
Monday –Thursday Group 1 Sign in 8:30 Group 2 Sign in 11:30 Group 3 Sign in 2:00 Limit of 15 people in each group	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Women’s Group Employment Services	Peer-to-Peer 8:30 & 11:45 & 2:15 12:00 Veterans Group Food Boxes	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Mind*Body* Spirit Computer Lab	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Spanish Peer Support	Peer-to-Peer 8:45 & 2:15 12:00—2:00 WEB closed for Staff Meeting	Peer-to-Peer 10:15 & 1:15 11:00 AM WRAP Group Computer Lab
25	26	27	28	29	30	31
Friday Group 1-- 8:30 Group 2 -- 2:00 Saturday Group 1—10:00 Group 2—1:00 Limit of 15 people in each group	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Women’s Group Employment Services	Peer-to-Peer 8:30 & 11:45 & 2:15 12:00 Veterans Group Food Boxes	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Mind*Body* Spirit Computer Lab	Peer-to-Peer 8:45 & 11:45 & 2:15 12:00 Spanish Peer Support	Peer-to-Peer 8:45 & 2:15 12:00—2:00 WEB closed for Staff Meeting	Peer-to-Peer 10:15 & 1:15 11:00 AM WRAP Group Computer Lab

Address: 1248 Gambell St. Anchorage, Alaska 99501 facebook: www.facebook.com/AlaskaMentalHealthConsumerWeb

Website: www.TheWeb.ngo Front desk: 907-222-2980 ---- Guest phone: 907-222-7683 ---- Fax: 907-222-2981