

June 2023

Alaska Mental Health Consumer Web



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|-------------------------|
| 28 <u>WEB Hours</u> Mon—Fri--8:30-4:30 Friday closed 12:00-2:00 Saturday---Closed Sunday---Closed | 29 Peer-to-Peer 10:00 AM | 30 Peer-to-Peer 10:00 AM Art Group 1:00 PM | 31 Peer-to-Peer 10:00 AM Food Bank - 9:00 Mind*Body*Spirit 12:00 | 1 Peer-to-Peer 10:00 AM | 2 Peer-to-Peer 10:00 AM WEB Closed for Staff Meeting 12:00—2:00 | 3 <u>WEB CLOSED</u> |
| 4 <u>WEB Hours</u> Mon—Fri--8:30-4:30 Friday closed 12:00-2:00 Saturday---Closed Sunday---Closed | 5 Peer-to-Peer 10:00 AM | 6 Peer-to-Peer 10:00 AM Art Group 1:00 PM | 7 Peer-to-Peer 10:00 AM Food Bank - 9:00 Mind*Body*Spirit 12:00 | 8 Peer-to-Peer 10:00 AM Men's Group 2:00 PM | 9 Peer-to-Peer 10:00 AM WEB Closed for Staff Meeting 12:00—2:00 | 10 <u>WEB CLOSED</u> |
| 11 <u>WEB Hours</u> Mon—Fri--8:30-4:30 Friday closed 12:00-2:00 Saturday---Closed Sunday---Closed | 12 Peer-to-Peer 10:00 AM | 13 Peer-to-Peer 10:00 AM Art Group 1:00 PM | 14 Peer-to-Peer 10:00 AM Food Bank - 9:00 Mind*Body*Spirit 12:00 | 15 Peer-to-Peer 10:00 AM Men's Group 2:00 PM | 16 Clean-up Day! Volunteers Only 10:00 – 4:00 | 17 <u>WEB CLOSED</u> |
| 18 <u>WEB Hours</u> Mon—Fri--8:30-4:30 Friday closed 12:00-2:00 Saturday---Closed Sunday---Closed | 19 Peer-to-Peer 10:00 AM Juneteenth | 20 Peer-to-Peer 10:00 AM Art Group 1:00 PM | 21 Peer-to-Peer 10:00 AM Food Bank - 9:00 Mind*Body*Spirit 12:00 | 22 Peer-to-Peer 10:00 AM Men's Group 2:00 PM | 23 Peer-to-Peer 10:00 AM Celebration of Life Event 12:00 – 3:00 | 24 <u>WEB CLOSED</u> |
| 25 <u>WEB Hours</u> Mon—Fri--8:30-4:30 Friday closed 12:00-2:00 Saturday---Closed Sunday---Closed | 26 Peer-to-Peer 10:00 AM | 27 Peer-to-Peer 10:00 AM Art Group 1:00 PM | 28 Peer-to-Peer 10:00 AM Food Bank - 9:00 Mind*Body*Spirit 12:00 | 29 Peer-to-Peer 10:00 AM | 30 Peer-to-Peer 10:00 AM | 1 |